



Canadian  
Frailty  
Network

Réseau canadien  
des soins aux  
personnes fragilisées

# Canadian Frailty Network 2017 Annual National Conference

**April 23-24, 2017**  
**Chelsea Hotel Toronto**

## Agenda

Sponsored by:

SANOPI PASTEUR

Canadian Foundation for  
**Healthcare  
Improvement**

Fondation canadienne pour  
**L'amélioration des  
services de santé**

### DAY ONE: Sunday April 23, 2017

8:00 am to 5:00 pm **Full-Day Poster Session** – highlighting current CFN-funded research projects and work by CFN Interdisciplinary Fellows and Summer Students

8:00 am **Opening Keynote: Innovative Approaches to Frailty, Professor Simon Conroy** – Geriatrician, University Hospitals of Leicester & Honorary Professor, University of Leicester (UK)

9:00 am to 10:30 am **Towards Spreading Elder-Friendly Care. Engaging Teams and Patients in Improving Elder Care**

- **Dr. Samir Sinha** – ACE Collaborative co-Lead, Director of Geriatrics, Mount Sinai Hospital and University Health Network
- **Jocelyn Bennett** – CFHI Faculty, ACE Collaborative co-Lead
- **Patty O'Connor** – CFHI Senior Faculty, Clinical Improvement Advisor
- **Paula M Rozanski** – Senior Improvement Lead, CFHI
- **Representatives from three Acute Care for Elders (ACE) Collaborative sites**

10:30 am to 11:00 am **Break and Poster Session**

11:00 am to 12:30 pm **Innovative Approaches to Frailty: CFN Researchers/KTEE**

- **Nutrition and frailty** – Dr. Heather Keller – Professor, Department of Kinesiology, Chair in Nutrition and Aging, University of Waterloo
- **Improved Decision-making and Homecare** – Dr. France Légaré – Professor, Department of Family Medicine and Emergency Medicine, Université Laval
- **Province-wide Integration of the Clinical Frailty Scale** – Carmel Montgomery, Alberta Health Services University of Alberta
- **Advancing frailty as a priority in a provincial jurisdiction: the Nova Scotia strategy** – Dr. Paige Moorhouse, Associate Professor of Medicine (Geriatrics), Dalhousie University

12:30 pm to 1:30 pm **Lunch and Poster Session Judging**

1:30 pm to 2:30 pm **Innovative Approaches to Frailty: CFN Researchers/KTEE**

- **Using activity to address frailty: E-CYCLE – in-bed cycling** – Dr. Michelle Kho, Assistant Professor, School of Rehabilitation Science, McMaster University
- **Improving medication and outcomes for older frail residents of LTC facilities** – Dr. Susan Bronskill, Institute for Clinical Evaluative Sciences (ICES), Toronto

2:30 pm to 3:00 pm **Break and Poster Session**

3:00 pm to 4:00 pm **Harnessing Big Data to Advance the Care of Frail Older Canadians**

- **Dr. Ken Evans**, President and CEO of Indoc Research (formerly the Ontario Cancer Biomarker Network)
- **Douglas Yeo**, Director, Methodologies and Specialized Care, Canadian Institute for Health Information (CIHI)
- **Dr. Parminder Raina**, Lead Principal Investigator, Canadian Longitudinal Study on Aging (CLSA), McMaster University

4:00 pm to 5:30 pm **A Look Forward at Frailty Through the CFN Lens**

A presentation of transformative projects and themes for CFN's next term 2017-2022

- **CFN Research Priorities for 2017-2022: Dr. John Muscedere** – Scientific Director, CEO, Canadian Frailty Network
- **Improving advance care planning for frail elderly Canadians: Dr. Michelle Howard** – Assistant Professor and Research Lead, Division of Palliative Care, Department of Family Medicine, McMaster University
- **Transforming primary health care for frail elderly Canadians: Dr. Paul Stolee** – Professor Director of the Geriatrics Health Systems Research Group (GHS), School of Public Health and Health Systems, University of Waterloo
- **Using probiotics to prevent serious infection during critical illness in the elderly: Dr. Deborah Cook** – Professor of Medicine, Clinical Epidemiology & Biostatistics and Academic Chair of Critical Care, McMaster University

5:30 pm **End of Day Networking Reception** (Poster Competition Winners Announced)



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### DAY TWO: Monday April 24, 2017

8:00 am to 9:30 am

#### **A Global Futurist View: What does 2022 need to look like to address frailty?**

What international best practices might be adopted or used to inform Canadian system change?

- **Hans Erik Henriksen** – CEO, Healthcare Denmark
- **Dr. Simon Conroy** – Geriatrician, University Hospitals of Leicester & Honorary Professor, University of Leicester (UK)
- **Robin Osborn** – Vice President and Director, International Program in Health Policy and Practice Innovations, The Commonwealth Fund, (US)
- **Dr. Samir Sinha** – Director of Geriatrics, Mount Sinai Hospital and University Health Network

9:30 am to 11:00 am

#### **Engaging Citizens to Improve Frailty Care and Drive Policy in Canada**

- **Patient-centred research priorities relating to healthcare of frail older Canadians: Dr. Katherine McGilton** – Senior Scientist at the Toronto Rehabilitation Institute; Associate Professor, Lawrence S. Bloomberg Faculty of Nursing at the University of Toronto
- **Improving Palliative Care in Long-Term Care Homes Using Participatory Action Research: Dr. Sharon Kaasalainen** – Associate Professor, School of Nursing, Associate Member, Department of Family Medicine, McMaster University
- **Feasibility of a volunteer/healthcare provider navigation partnership to support frail rural-dwelling older adults: Dr. Barbara Pesut** – Associate Professor and Canada Research Chair in Health, Ethics and Diversity, University of British Columbia
- **Developing patient-provider partnerships across the system – Dr. Jacobi Elliott**, Aging, Health and Well-being and Geriatric Health Services Research Group, University of Waterloo, and Member CFN Citizen Engagement Committee

11:15 am to 12:00 pm

#### **Open Town Hall on Gaps/Opportunities for Frailty in Canadian Healthcare**

Using the dialogue from the conference, this open discussion is an opportunity for open discussion to brainstorm ideas, opportunities, gaps, issues, solutions, questions, KTEE, potential creative collaborations and partnerships, policy, which could enhance Canada's ability to care for older frail Canadians during CFN's next five-year term (and beyond). Delegates will have already provided some background during registration and be encouraged to provide more thoughts via Twitter/conference email.

12:00 pm

**Closing Remarks** – Russell Williams, Chair, CFN Board of Directors