



Summer 2017

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Website: www.cfn-nce.ca

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Welcome to CFN's newsletter, keeping the Canadian Frailty Network community up-to-date on news, events and funding developments, and other information on improving care for older Canadians living with frailty.



CFN addresses one of the biggest health and social care challenges facing Canadians: frailty in older adults. With more than 1.2 million Canadians over the age 65 who can be classified as medically frail (expected to double in less than a decade), every Canadian, and every Canadian family, is touched by frailty at some point. As we enter our second term of funding, it is critical that we mobilize and grow our community of partners and stakeholders to transform how Canada cares for frail older Canadians, their families and caregivers.

One of the most crucial roles in the Network is the work that our volunteer Board and Committee members undertake to help guide the Network. We have updated mandates and member requirements, and are now looking for enthusiastic volunteers to round out existing membership.

Canadian Frailty Network is currently looking for volunteer members in the following areas:

- [Board of Directors](#)
- [Citizen representatives](#) on our Board of Directors, and our Research Management, Citizen Engagement, Education and Training, and Knowledge Translation Committees
- [HQP representatives](#) on our Research Management, Citizen Engagement, Education and Training, Knowledge Translation, and Scientific Review Committees

[Click here](#) to read the general eligibility requirements and expectations, of Board and Committee members, and to see the specific Terms of Reference for the Board and all our Committees.

To apply, after reviewing the general eligibility requirements, and specifics of the current vacancies listed above, please [click here](#) to complete our online application and download our Expression of Interest form.

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Canadian Frailty Network (CFN) is a not-for-profit organization focussed on frailty, funded in 2012 by the Government of Canada's Networks of Centres of Excellence (NCE) program and hosted by Queen's University and Kingston General Hospital.



NCE RCE

CFN's mandate is to improve the care of older Canadians living with frailty and their families within the Canadian healthcare system by supporting and catalyzing original research and innovations to advance interventions with real potential to improve assessment and treatment of frailty across all settings of care, including advance care planning and end-of-life care. We also train and support the next generation of healthcare professionals and scientists.

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CFN 2017 Conference: preparing Canada to address frailty over the next five years

CFN held its fourth annual conference in Toronto April 23-24th to kick-off its second term. More than 250 Canadian and international delegates attended including researchers, care providers, HQP, knowledge users, government officials and agencies, non-profits, foundations and citizens. The agenda featured: a keynote presentation by Professor Simon Conroy (University of Leicester) on the NHS Acute Frailty Network; and a broad sampling of original research and knowledge translation funded by the Network, including the CFN/CFHI Acute Care for Elderly (ACE) collaborative; nutrition, citizen engagement, exercise, medication optimization, end-of-life/advanced care planning, provincial/territorial strategies and acute care.

The programming was “forward-looking” to reflect the network’s renewal by the NCE program for 2017-2022. CFN’s research agenda was presented, four CFN Transformative Grant Projects and new initiatives including establishing common data elements/utilizing data, identifying bio-markers of frailty and a special panel of international experts examining frailty from a global context.

CFN HQP presented 75 posters highlighting outstanding work in three categories: CFN projects, trainees from the Interdisciplinary Fellowship Program, and trainees from the Summer Student Awards program. The abstracts for the posters will be published in the September edition of the Canadian Geriatrics Journal.



*Best poster – Summer Students Awards
2016 cohort Bannuya Balasubramaniam
– supervised by Jacques Lee of Sunnybrook
Research Institute*



*Best poster – Interdisciplinary Fellows 2016
cohort Marian Krawczyk – supervised by Rick
Sawatzky of Trinity Western University*



*Best poster – Funded Research Projects
Christopher Yarnell and the CORE 2012-12 team,
led by Rob Fowler
(No photo available)*

CFN is very grateful to Canadian Foundation for Healthcare Improvement (CFHI) and Sanofi Canada for their generous sponsorship of the conference.



A Global Futurist View: What does 2022 need to look like to address frailty? International best practices overview from (l to r) Simon Conroy, Geriatrician, University Hospitals of Leicester; Robin Osborn, Vice President and Director, International Program in Health Policy & Practice Innovations, Commonwealth Fund; Samir Sinha, Director of Geriatrics, Mount Sinai and UHN Hospitals; Hans Erik Henriksen, CEO, Healthcare Denmark

2018 Tentative Conference Dates

We are planning the next conference, tentatively scheduled September 20-22, 2018 in Toronto: stay tuned for a “save the date” announcement.

[Click here](#) to view the program and presentations from the 2017 Conference.

We'd like to hear about your successes

Success stories can make a real world impact. Older Canadians living with frailty, and their family/friend caregivers, may find personal narratives easier to relate to, change behaviours, and incorporate the information or intervention into their lives. Clinicians and caregivers may use your story to help their patients. Students and researchers may be inspired and encouraged by your stories. And the stories you tell can demonstrate to potential partners, funding agencies and policy makers the direct impact of frailty research on patients and the way health and social care is provided for them.

We want your "best practices," positive outcomes, and demonstrable behavior change that occurred because of your work with CFN. If you are/were a trainee, Fellow or Summer Student participating in the CFN Interdisciplinary Training Program, we also want to hear from you!

So tell us how your CFN-funded research, knowledge mobilization and training efforts:

- have translated into improved patient care and outcomes
- have increased productivity or reduced costs

- have inspired you – or others – to expand your horizons or approach your life, career, practice or research differently
- have created new jobs or introduced new opportunities for staff, students and volunteers
- have advanced or hastened your career progression or academic pursuits
- have attracted additional funding to continue your work,
- or created any other impact.

It's your time to shine! Send your stories now!

Once we receive your information we'll look at how your story could be shared, and if necessary will contact you via email or phone to talk about how we might use your story on the CFN website and publications like our newsletter or annual report. Or, we'll discuss how it could be turned into an op-ed or a blog, a podcast or video, or used on social media. Don't worry ... anything we produce will be sent to you for approval before being made available publicly.



PLAYLIST: podcasts from the Network

How improving healthcare for older adults living with frailty can also cut healthcare costs

NEW!

Medical frailty already affects over one million Canadians. It can be expensive and upsetting for older people living with frailty, and their loved ones.

Original MP3 for download:	YouTube link with embed option:	Soundcloud:
http://evidencenetwork.ca/archives/33236	https://www.youtube.com/watch?v=bFcsvqzFagw	https://soundcloud.com/evidencenetwork/how-improving-healthcare-for-the-frail-elderly-can-also-cut-costs

CFN Scientific Director Dr. John Muscedere explains how Canada's healthcare system can better support frail people, who are typically elderly and more vulnerable. Find out how better healthcare for people who are medically frail also improves care for people who are younger and have more resilience.

How can we overcome an ageist healthcare system?

Is an ageist attitude an underlying cause of unsuitable healthcare for older patients?

The complicated conditions of elderly and frail patients clash with the current healthcare system which tends to focus on treating single illnesses.

Original MP3 for download:	YouTube link with embed option:	Soundcloud:
http://evidencenetwork.ca/archives/32855	https://www.youtube.com/watch?v=rwaQ_YI9qw	https://soundcloud.com/evidencenetwork/ageismfinalpodcastlowsreduced

Network Investigator and geriatrician Dr. Kenneth Rockwood claims it is. The key, he says, is a shift in attitude from a single illness approach to treating frail and elderly patients as a whole. By relying less on sub-specialty medicine, and focusing more on expert generalist care, treatment can be improved. Changing the system won't just benefit the elderly, says Dr. Rockwood, it can also be used as a framework for improving care for all patients.

The CFN Interdisciplinary Training Program offers three participation streams: participation as a trainee on a CFN-funded project, our Interdisciplinary Fellowship Program, and our Summer Student Awards for undergraduates. In this issue we are proud to introduce the 2017 cohort of CFN Summer Students.

Congratulations to the 2017 CFN Summer Student Awards Cohort!

Each year the Canadian Frailty Network Summer Student Awards Program provides undergraduate students with valuable research experience, while developing their knowledge of the opportunities and challenges in caring for an aging population. This year funding of up to \$4,000, combined with 100% matching funds from sponsoring organizations, was provided to 11 award recipients. The 14-week summer studentships began May 15th.

Student		Supervisor		Host Institution
Muhammad	Moolla	Carole	Estabrooks	University of Alberta
Amanda	Lee	Danielle	Bouchard	University of New Brunswick
Kelsey	Ambrose	Andrew	Costa	McMaster University
Lavan	Sivarajah	Alexandra	Papaioannou	McMaster University
Dominique	Hibbert	Kathleen	Valentine	University of New Brunswick
Cynthia	Chao	Debra	Sheets	University of Victoria
Jeffrey	Smallbone	Kimberley	Wilson	University of Guelph
Sarah	Brubacher	Heather	Keller	University of Waterloo
Alexa	Kolyvas	Rose	McCloskey	University of New Brunswick
Manpreet	Basuita	Christine	Soong	Mount Sinai Hospital
Bridgett	Hyland	Patricia	Trbovich	North York General Hospital

What research questions do you have about the care, support and treatment of older adults living with frailty?

Canadian Frailty Network wants to know about Canadians' priorities for research on frailty, and the research team led by Drs. McGilton, Bethell and Puts (Toronto Rehabilitation Institute and University of Toronto) are trying to find out what concerns Canadians. We especially want to hear from people who have personal or professional experience with these issues, namely older adults, their friends and family caregivers, and the health and social care providers who work with older adults day-to-day. The team is working with a Steering Group that is overseeing the work and nearly 40 partner organizations across Canada (including health charities, professional associations and provider groups) as well as the James Lind Alliance (National Institute for Health Research, UK).

The questionnaire remains open until June 30, 2017. Next steps include synthesizing the data and checking the current research literature for existing evidence (with the assistance of an information specialist). The questions will then go through a two-stage prioritization process; first, going back to survey respondents who indicated an interest in staying involved in the process and then through an in-person workshop. This workshop is planned for September and will bring together people living with frailty, caregivers and health and social care providers to determine the final "top 10" research questions. This information will help inform CFN's research funding program.

Help shape frailty research for the benefit of all Canadians!

To read more about the Canadian Frailty Priority Setting Partnership and to take part in the survey, please go to: <http://www.cfn-nce.ca/engaging-canadians/help-set-research-priorities/>

Advancing CFN funded research evidence into practice

Canadian Frailty Network is committed to advancing CFN-funded research evidence into practice, to strengthen Canada's health and social care systems and improve care of Canadians living with frailty.

A Knowledge Translation competition has been launched open to CFN Network Investigators to build upon their previously funded CFN research. Applicants can request funding for implementation projects that include partnerships and collaborations aligning with CFN's knowledge translation priorities. CFN will fund projects with multidisciplinary, multi-institutional teams for up to two (2) years in duration.

As with all CFN funded projects, proposals for the CFN 2017 KT competition must outline how work will meaningfully engage multi-sectoral, multi-institutional and multidisciplinary researchers, as well as partners, industry, patients and their family/friend caregivers, and other stakeholders. There are also specific requirements regarding the development of highly qualified personnel (HQP).

[Click here](#) for further details on eligibility, funding, and how to apply.

Palliative care innovations

On June 21, CFHI held its [8th CEO Forum](#), with a focus on palliative care. Selected innovators presented their work to an audience of just over 100 individuals who are key to transforming the healthcare system: patients and families, the palliative and end-of-life care community and CEOs from across Canada, including CFN Scientific Director and CEO Dr. John Muscedere.

CFHI selected [26 Palliative and End-of-Life Care Innovations](#) to be highlighted – 6 panel presentations reflecting 8 projects, plus 18 posterboards. All were selected from the 69 applications in response to the CFHI [Open Call for Innovations in Palliative and End-of-Life Care](#).

A palliative approach to care provides the right care, in the right place, at the right time - improving peoples' quality of life and the appropriate use and costs of healthcare. The CFHI call was launched to better understand innovations that are working well, and could be rolled out to other areas of the country.

Canadian Frailty Network was well represented at the CEO Forum. In addition to Dr. Muscedere's participation, five Network Investigators were among the innovations highlighted.

■ **James Downar, University Health Network/Sinai Health System** was one of the Podium Presenters and received a 2017 CFHI Palliative and End-of-Life Care Innovation Award for his initiative, *An Automated Tool to Identify Patients for Palliative Interventions*, based on his [CFN Catalyst grant work](#). James had a second innovation recognized through a Storyboard Presentation – *A MEdication RAtionalization (MERA) Intervention for Patients with Advanced Illness and a Palliative Treatment Philosophy*, also based on a [CFN Catalyst grant](#).

Other Network Investigators had their innovations highlighted through Storyboard Presentations:

- [Doris Barwich](#) of the BC Centre for Palliative Care/University of British Columbia – Peer-facilitated Advance Care Planning (ACP) Workshops for the Public – based on her [CFN Catalyst grant](#) work
- [Paige Moorhouse](#) of the Nova Scotia Health Authority, Central Zone – Palliative and Therapeutic Harmonization (PATH)
- [Kelli Stadjuhar](#) of Fraser Health/University of Victoria – Integrated Palliative Approach to Care in Acute Care (iPAC) – based on her [CFN Catalyst grant](#) work
- [Barb Pesut](#), University of British Columbia – N-CARE: Volunteer navigation partnerships to support a compassionate community approach to early palliative care – related to her [CFN Catalyst grant](#)

The spotlight on these investigators is indicative of the strong record of success on the part of CFN Network Investigators in earning add-on funding based on their CFN-funded projects. Watch our website and upcoming issues of CFN Network News for more success stories.

Let's make change happen.

PALLIATIVE
and
END-OF-LIFE
CARE

*A palliative approach to care across the continuum:
Providing the right care, in the right place, at the right time.*

Around the Network ...

Kelli Stajduhar of the University of Victoria was named Academic of the Year by the Confederation of University Faculty Associations of British Columbia.

Named after the CUFABC president who created the Distinguished Academics Awards during his term, this award recognizes a specific and recent outstanding contribution to the community beyond the academy through research or other scholarly activity by an individual or group at any stage of their career. Kelli has been an active participant in Canadian Frailty Network since our inception, is a [CFN Network Investigator](#), and currently volunteers on our Citizen Engagement Committee. Congratulations, Kelli ... well deserved!



Kelli Stajduhar

Greta Cummings has been named Dean, School of Nursing at the University of Alberta.

Dr. Greta Cummings, a [CFN Network Investigator](#), takes over as the Dean of the Faculty of Nursing at the University of Alberta on July 1st, for a five-year term. As one of the largest nursing faculties in the country, University of Alberta is one of only six in Canada to offer a full range of undergraduate and graduate degree programs in nursing. Dr. Cummings joined the Faculty in 2004, and became a full professor in 2010. She currently holds a Centennial Professorship (2013-2020), one of the university's highest honours, and is a nationally and internationally recognized researcher in nursing leadership. She is also currently a member of the CIHR Institute Advisory Board for Research Excellence, Ethics and Policy (2016-2020). Congratulations, Greta!



Greta Cummings

Dr. John Muscedere, CFN Scientific Director and CEO, has been busy speaking at events in Canada and overseas.

[Click here](#) to view slides from his key presentations.

Here are just a few of his recent engagements:

- **April 13, 2017** – University of Waterloo Faculty of Applied Health Sciences faculty and staff
- **April 22, 2017** – Canadian Geriatrics Society conference
- **April 23-24, 2017** – hosted and spoke at both CFN Annual Conference and Medication Summit
- **April 28, 2017** – International Conference on Frailty and Sarcopenia Research in Barcelona – spoke and led the CFN panel on Moving towards standardized data and outcomes for frailty studies with CFN Network Matteo Cesari, University of Toulouse, CFN International Scientific Advisory Committee Member; Peter Tugwell, Bruyère Research Institute, former CFN Board Member
- **May 11, 2017** – delivered keynote address at New Brunswick Association of Nursing Homes (NBANH) Annual General Meeting in Fredericton
- **May 26, 2017** – was panelist at Canadian Association of Health Services and Policy Research (CAHSPR) conference in Toronto
- **June 6, 2017** – spoke at McMaster/St. Joseph's Hospital critical care medicine academic day and grand rounds



John Muscedere

Would you like a CFN speaker at your event?

Scientific Director John Muscedere would be glad to speak, or put together a CFN panel, workshop or symposium.

Email him at scientificdirector@cfn-nce.ca

CFN Frailty Webinar Series:

(Click on the date to register)

Wednesday, July 12, 2017 at noon ET: *Implementing a Risk Screening Tool in Primary Care for Older Frail Adults* – Paul Stolee and Jacobi Elliott, University of Waterloo ([FRA 2015-B-19](#))

Wednesday, July 26, 2017 at noon ET: *iGAP – Improving General Practice Advance Care Planning* – Michelle Howard, McMaster University ([CORE2013-13](#))

Wednesday, August 9, 2017 at noon ET: *An innovation for relocating a toilet to ease access for the frail elderly at home and Wearable Caregiver Posture Coaching Feedback System* – Tilak Dutta, University Health Network ([HTIG2014-07](#) and [HTIG2014-11](#))

Wednesday, September 13, 2017 at noon ET: *Incorporating a frailty dimension into LOCUS for seniors in a medical-psychiatry population* – Rose Geist and Richard Shulman, Trillium Health Partners ([FRA2015-B-05](#))

Wednesday, September 27, 2017 at 12 noon ET: *Improving Palliative Care in Long-Term Care Homes Using Participatory Action Research* – Sharon Kaasalainen, Tamara Sussman and Pamela Durepos ([SIG2014-IS](#))

Wednesday, November 22, 2017 at noon ET: *Integrating a quality of life assessment and practice support system in palliative home care* – Rick Sawatzky and Marian Krawczyk, Trinity Western University ([CAT2014-17](#))

CFN's webinar series provides a forum where leading Canadian and international experts share research and insights on advancements in assessing and caring for frail older adults.

To view previous webinars, [click here](#).



Canadian
Frailty
Network

Réseau canadien
des soins aux
personnes fragilisées

Medication use and frail older adults



CFN Summit: optimizing medication for older Canadians living with frailty

Following the conference on April 24, CFN held a special meeting to explore and develop priorities on the topic of appropriate medication prescription for Canadians living with frailty. Attendees included a variety of stakeholders, experts, researchers and citizens interested in this field. Before the Summit, the attendees participated in a modified three-stage Delphi process to identify 10 key medication related issues for consideration which were gleaned from an original list of 26 topics. CFN pilot work was presented, along with a panel of experts to fuel conversation. Through deliberation and small group breakouts the list was narrowed to seven ranked priorities, which will be used to inform a CFN call on medication optimization.

The Canadian Geriatrics Journal will publish the proceedings of the meeting in September.

SAVE THE DATE

CFN Corporate Annual General Meeting for representatives of voting member institutions
Thursday, September 14, 2017 – 12 noon to 1 pm ET

Recently Published Papers from Network Investigators

Daneman N, Campitelli MA, Giannakeas V, [Morris AM](#), [Bell CM](#), [Maxwell CJ](#), [Jeffs L](#), Austin PC, [Bronskill SE](#). *CMAJ* June 26, 2017 vol. 189 no. 25. **Influences on the start, selection and duration of treatment with antibiotics in long-term care facilities.** doi: 10.1503/cmaj.161437. (SIG2014-M1).

Hubbard, R.E., Peel, N.M., Samanta, M., Gray, L.C., Mitnitski, A., [Rockwood, K.](#) *Age Ageing*. 2017 May 22:1-6. Frailty status at admission to hospital predicts multiple adverse outcomes. doi: 10.1093/ageing/afx081. [Epub ahead of print]

Raslan, I.A., [McDonald, E.G.](#), [Lee, T.C.](#) **Missed Opportunities for Deprescription: A Teachable Moment.** *JAMA Intern Med*. Published online May 5, 2017. doi: 10.1001/jamainternmed.2017.1435.

Matlow, J. N., [Bronskill, S. E.](#), Gruneir, A., [Bell, C. M.](#), Stall, N. M., Herrmann, N., [Seitz, D. P.](#), Gill, S. S., Austin, P. C., Fischer, H. D., Fung, K., Wu, W. and Rochon, P. A. (2017), **Use of Medications**

of Questionable Benefit at the End of Life in Nursing Home Residents with Advanced Dementia. *J Am Geriatr Soc*. doi:10.1111/jgs.14844.

Laur CV, McNicholl T, Valaitis R, [Keller H.](#) **Malnutrition or frailty? Overlap and evidence gaps in the diagnosis and treatment of frailty and malnutrition.** *Applied Physiology, Nutrition, and Metabolism*, 2017, 42(5): 449-458, 10.1139/apnm-2016-0652.

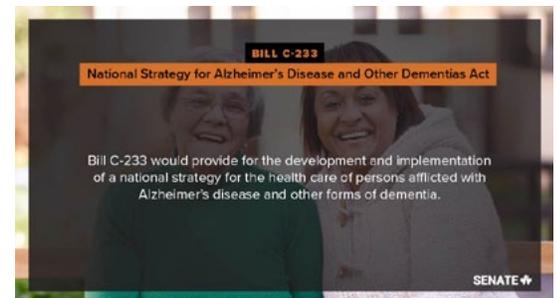
[Holroyd-Leduc JM](#), McMillan J, Jette N, Brémault-Phillips SC, [Duggleby W](#), Hanson HM, Parmar J. **Stakeholder Meeting: Integrated Knowledge Translation Approach to Address the Caregiver Support Gap.** *Can J Aging*. 2017 Mar;36(1):108-119. doi: 10.1017/S0714980816000660. Epub 2017 Jan 5.

[Cesari M](#), Landi F, Calvani R et al. **Rationale for a preliminary operational definition of physical frailty and sarcopenia in the SPRINTT trial.** *Aging Clin Exp Res* (2017) 29: 81. doi:10.1007/s40520-016-0716-1.

In other news ...

It's official ... Canada will have a national strategy for dementia

Bill #C-233 (An Act respecting a national strategy for Alzheimer's disease and other dementias) has been adopted by both the Senate and the House of Commons, has received royal assent. Sponsored by Conservative MP Rob Nicholson, and co-sponsored by Liberal MP Rob Oliphant, the Bill's passage is a great example of multi-party cooperation on an important Canadian issue.

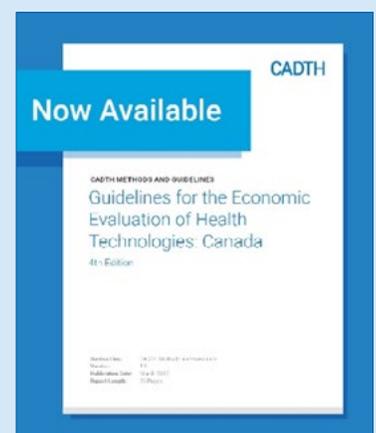


CADTH releases updated *Guidelines for the Economic Evaluation of Health Technologies: Canada*

One of CFN's valued partners, CADTH (Canadian Agency for Drugs and Technologies in Health), has updated its economic guidelines to help standardize and facilitate the economic evaluation of health technologies in Canada. This set of guidelines from CADTH is critical to decisions being made about who covers payment for medications, medical devices, and methods of treating and diagnosing Canadian patients. It sets out the best practices for determining the economic value of health technologies, compared with existing approaches and, as such, affects the lives of virtually all Canadians.

Guidelines for the Economic Evaluation of Health Technologies: Canada was first published in 1994 and updated in 1997 and 2006. The guidelines are downloaded 12,000 times a year and have been used by other countries as a model for evaluating new health technologies and developing their own guidelines. Since 2006, the available methods of analyzing data have advanced significantly, largely due to the exponential increase in computing power available to health economists. These new methods allow for more complex calculations that enable more refined estimates of costs and effects.

Led by Karen Lee, the fourth edition of the guidelines was authored by a working group of leading Canadian health economists: Stirling Bryan (University of British Columbia), Doug Coyle (University of Ottawa), Murray Krahn (University of Toronto), Christopher McCabe (University of Alberta), and C. Elizabeth McCarron (CADTH). In addition, CADTH consulted with patient groups and industry in the preparation of these guidelines, as well as commissioning research to inform approaches to some key topic areas and emerging issues.



[Guidelines for the Economic Evaluation of Health Technologies: Canada — 4th Edition](#) is available online.

In other news ...

[SHIFT: Nova Scotia's Action Plan for an Aging Population](#) identifies a dozen priority commitments with more than 50 specific actions across 12 priority commitments. By 2030 more than one in four Nova Scotians will be aged 65 and over, and the plan focuses on helping older Nova Scotians stay involved and connected to their communities, promoting healthy living and keeping older adults in the workforce. The province will invest \$13.6 million over the next three years. Proposed initiatives include: helping older Nova Scotians stay in their homes longer, improving access to affordable, healthy foods for vulnerable older adults, supporting community transportation with a focus on rural communities, helping older adults share and develop food and nutrition skills and knowledge, promoting physical activity and regular exercise, and giving communities funding for age-friendly planning. Government connected with more than 600 Nova Scotians through the engagement process, including community conversations and direct input from people and organizations.

[Future Care for Canadian Seniors: A Primer on Nursing Supply and Demand](#): co-sponsored by the Canadian Nurses Association (CNA), the report looks at the need for nurses in continuing care as the population ages. Currently, more than 1.4 million Canadian seniors need and receive paid and unpaid continuing care supports. The Conference Board predicts this figure could increase by 71 per cent by 2026. The Conference Board report is part of the Future Care for Canadian Seniors research series by the Canadian Alliance for Sustainable Health Care.

Opportunities

Open Projects at Mitacs: Interns Wanted

Proposed projects that have yet to be funded are referred to as “open projects.” If you are interested in participating as an intern for an open project, meet the eligibility terms and have your academic supervisor’s support, visit the [Mitacs website posting](#) to browse the open projects.



Poster and Abstract Deadlines



Ontario Pharmacy Evidence Network OPEN Summit

– Learn. Share. Collaborate – October 3, 2017 – Toronto.
[Abstracts due July 1 by 5 pm.](#)



Ontario Long-Term Care Association

This is Long-Term Care: Ahead of the curve conference – November 27-29, 2017 – Toronto.
[Click here for details.](#) Abstracts due July 17th.



Ontario Long-Term Care Clinicians (OLTCC) and Long-Term Care Medical Directors Association of Canada (LTCMDAC)

Long-Term Care for Practicing Clinicians: Clinical pearls in LTC.
[Click here for details.](#) Poster abstracts due September 11, 2017.

Keep informed and connect with CFN ...

[Click here](#) for upcoming webinars in the CFN Frailty Webinar Series.

Follow us on [Twitter](#) (@CFN_NCE) and connect via [LinkedIn](#)

Opportunities

McMaster Institute for Research in Aging (MIRA) Postdoctoral Fellowships in Aging Research

Three fellowships of \$50,000 are available, plus up to \$15,000 each for research expenses.

The interdisciplinary research projects supported by these Fellowships should aim to generate evidence that contributes to the well-being of older adults. Prospective Fellows are invited to submit a research plan that focuses on interdisciplinary, impact-driven approaches in the study of **optimal aging** through one or more of the following research areas:

- The impact of exercise on mobility;
- The inter-relationship between psychological function and social function;
- Causes and consequences of multimorbidity, frailty, and polypharmacy;
- The role of caregiving, equity, economics and transportation in optimal aging;
- The understanding of the biological mechanisms of diseases of aging;
- Evaluating approaches to knowledge translation to improve optimal aging;
- The use of technology to promote optimal aging and aging in place.



For the [application form](#) and detailed instructions on how to apply for these grants, [click here](#).

Deadline: 5 p.m. on July 13, 2017 to MIRAINfo@mcmaster.ca.

Upcoming events

- **July 23-27, 2017 – San Francisco: [International Association of Gerontology and Geriatrics World Congress: Global Aging and Health: Bridging Science, Policy, and Practice](#)**. The IAGG is the largest worldwide conference on aging, with over 6,000 attendees expected. **Canadian Frailty Network Scientific Director Dr. John Muscedere, together with Network Investigators Dr. John Hirdes and Dr. Ken Rockwood, and international Network partners Dr. Matteo Cesari of Italy and Dr. Andy Clegg of the UK, will be presenting a pre-conference workshop on July 22, 2017 (1 to 5 pm) on *Implementation of Frailty Screening in Health Systems*.**
- **September 17-20, 2017 – Ottawa: [5th International Public Health and Palliative Care Conference](#)** – *Palliative Care is Public Health: Principles to Practice*.
- **September 20-23, 2017 – Ottawa: [Canadian Hospice Palliative Care Conference](#)** – *Expanding Our Horizons: A Palliative Approach to Care*. [Click here for registration](#). Opening plenary from Kelli Stajduhar, CFN Network Investigator and Citizen Engagement Committee Member; panel participation from CFN Interdisciplinary Fellowship alumni Kathy Kortes-Miller and Doris Barwich, Network Investigator and Knowledge Translation Committee Member. **Join us on September 21 from 8:30 to 11:30 am for the CFN Research Satellite session: *Integrating palliative care into the care of frail older adults: but when?*** Integrated palliative care has been most commonly described and used in patients with oncologic diagnoses, in whom, the end-of-life trajectory maybe more predictable. However, patients who are in late life from non-oncologic diagnoses may also have significant symptoms that reduce quality of life and there has been work and interest in the integration of palliative care earlier into the life course of these patients. The challenge to this approach is that the life course may be variable. This session will outline the challenges and possible solutions to the integration of palliative care in those living with frailty.
- **September 27-28, 2017 – Red Deer: [Alberta Continuing Care Association \(ACCA\) Conference](#)** – *Inspiring Quality*
- **October 1-4, 2017 – Toronto: [Critical Care Canada Forum 2017](#)**
- **October 3, 2017 – Toronto: ([Ontario Pharmacy Evidence Network OPEN Summit](#))** – **Learn. Share. Collaborate.** [Abstracts due July 1 by 5 pm](#).
- **October 17-19, 2017 – Winnipeg: [AGE-WELL Annual Conference](#)** – *Benefiting Canada: Older Adults, Industry, Policy*
- **October 19-21, 2017 – Winnipeg: [Canadian Association on Gerontology Annual Conference](#)** – *Evidence for Action in an Aging World*

Upcoming events

- **October 20-22, 2017 – Toronto:** [Ontario Long Term Care Clinicians \(OLTCC\) & Long Term Care Medical Directors Association of Canada \(LTCMDAC\) Conference](#) *Long-Term Care for Practicing Clinicians: Clinical pearls in LTC.*
Poster abstracts due September 11, 2017.
- **November 4, 2017 – Toronto:** [Queen's School of Policy Studies Policy Forum](#): *The academy and the policy world: How can universities help respond to Canada's complex policy challenges?*
- **November 4-5, 2017 – Toronto:** [Canadian Academy of Geriatric Psychiatry](#)
- **November 9-10, 2017 – Dublin:** [Falls, Frailty, Bone Health Conference 2017](#)
- **November 27-29, 2017 – Toronto:** [Ontario Long-Term Care Association](#) *This is Long-Term Care: Ahead of the curve* conference. Abstracts due July 17th.
- **August 8-10, 2018 – Toronto:** [International Federation on Ageing 14th Global Conference.](#)

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