

Improving Frailty Care Benefits Everyone

5th National CFN Conference

TORONTO 2018
September 20-21



Program at a Glance

Frailty matters. 1.2 million Canadians 65-plus live with frailty as do 2.5 million Canadians who are their caregivers and hundreds of thousands more in our healthcare workforce. Canadians 65-plus account for nearly half of Canada's healthcare spending (almost \$100 billion), but only 15 percent of the population.

This conference is for practitioners, care providers, scientists, clinicians, policy makers and experts in the field of frailty. Together we will present and discuss, the latest knowledge, evidence, approaches and policies that are transforming care and seeding the next generation of breakthrough innovations.

CFN is Canada's only national network dedicated to older Canadians living with frailty and all responsible for their well-being. The Network has funded and catalyzed new research, knowledge, practice, education and training across the full continuum of care. This conference is a unique opportunity to examine frailty from many aspects/ perspectives at a single event.

Conference Connections



Network: Hilton Meeting
Group Name: CFN18
Password: CFN18



CFN_NCE
#frailtyconference



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des soins aux
personnes fragilisées



Thursday, September 20, 2018

Day 1 – Morning Focus – Caregiving/Homecare/Citizens	
8:00 – 4:00PM	CFN HQP/Trainee Poster Competition: Posters displayed in the foyer. Available for viewing throughout the morning breaks/lunchtime
7:00AM	BREAKFAST
8:00 – 8:10	Welcome Speaker: JOHN MUSCEDERE, Scientific Director & CEO, CFN
8:10 – 8:40	Opening Keynote: Reflections on caregiving, and how improving frailty care for older adults can benefit all Canadians Learning objectives: Attendees will appreciate the stresses and complexities of the family-friendly caregiver journey and how caring for older adults living with has significant impact on entire families, care-providers, systems. Attendees will also gain understanding of how developing new options, improving care for older adults living with frailty can benefit Canadian society on many levels. Speaker: FRANCESCA GROSSO, Grosso McCarthy Inc.
8:40 – 9:40	How can Canada better empower and ease the stresses of 2.5 million caregivers caring for older adults, particularly for those dealing with the complexities of frailty? Learning objectives: Attendees will gain a broad understanding the key issues affecting caregivers from experts and citizen/caregivers of older adults living with frailty, such as: <ul style="list-style-type: none"> • Decision-making – e.g. residence to community residence/long term care facilities, care delivery/settings, appropriate interventions • Stress on working families (“sandwich generation”) • System navigation/integration • Addressing social isolation/distance from family members Attendees will also learn about novel practices/approaches being used across Canada to improve the current state for family/friend caregivers. Participants: <ul style="list-style-type: none"> • DUNCAN SINCLAIR (moderator), former Vice-Principal Health Sciences, Queen’s University • JEANNIE SOULTANIS, Director, Business Development, Elizz, Saint Elizabeth Health Care • ANGUS CAMPBELL, Executive Director, Caregivers Nova Scotia • SHIRLEY ROBERTS, author – Doris Inc., Citizen Advocate/Trainer • HAZEL WILSON, Patient/Caregiver Advisor, Citizen/Advocate • FRANCE LÉGARÉ, Professor, Department of Family Medicine and Emergency Medicine, Université Laval, Tier 1, Canada Research Chair in Shared Decision Making and Knowledge Translation
9:40 – 10:00	NETWORKING/BREAK
10:00 – 11:00	What does a “frailty-friendly” community look like and how can we get there? Learning objectives: Attendees will gain a broad understanding the key issues affecting caregivers from experts and citizen/caregivers of older adults living with frailty, such as: <ul style="list-style-type: none"> • Attendees of this session will gain an understanding of the compassionate communities model being used internationally in a palliative care context. • Attendees will also get insights into how this model can be expanded to be more in line with people who have variable courses of their life trajectory, i.e., how can they be adapted for the complex and unique challenges of frailty. • Attendees will also learn about this issue from a Canadian geographic standpoint, i.e. rural/remote and urban settings. • Attendees will learn about this issue from the perspective of citizens, home/community care, policy and service delivery. Participants: <ul style="list-style-type: none"> • JOYCE RESIN, (moderator), Chair, Canadian Frailty Network Citizen Engagement Committee • FLORA M. DELL, C.M., O.N.B., Gerontologist, Citizen Advocate/ Volunteer • BONNIE TOMPKINS, Compassionate Communities National Lead • FLORENCE CAMPBELL, Citizen Advocate/Volunteer, Compassionate Kingston • DEBBIE DELANCEY, former Deputy Minister, Health and Social Services, Government of the NWT
11:00 – 11:30	Policy options to enable older Canadians with frailty to remain at home. Public release of white paper by Canadian Frailty Network/National Institute of Ageing Presenters: <ul style="list-style-type: none"> • JOHN MUSCEDERE, Scientific Director & CEO, Canadian Frailty Network • SAMIR SINHA, Director of Geriatrics, Mt. Sinai and University Health Network Hospitals; Policy Lead, Research Management Committee, Canadian Frailty Network

FRAILTY MATTERS *Innovation Showcase*

Thursday, September 20, 2018, Toronto, Canada



Thursday, September 20, 2018

Day 1 – Morning Focus – Caregiving/Homecare/Citizens (cont'd)	
11:30 – 1:00PM	LUNCH/NETWORKING View FRAILTY MATTERS: Showcase Storyboards
FRAILTY MATTERS: Innovation Showcase	
1:00 – 1:15	FRAILTY MATTERS: moving Canada's best innovations to maximum impact Presenters: <ul style="list-style-type: none"> • JOHN MUSCEDERE, Scientific Director & CEO, Canadian Frailty Network • MARIA JUDD, Vice-President, Programs, Canadian Foundation for Healthcare Improvement (CFHI) • SUSAN ROGERS, Project Lead, Institute Initiatives, CIHR Institute of Aging
Presentation of Top Five Frailty Innovations	
1:15 – 2:15	Frailty Innovation Presentations
2:15 – 2:45	BREAK Cast your vote for Conference Choice Innovation
2:45 – 4:15	Frailty Innovation Presentations
4:15 – 4:30	Announcement of Frailty Innovation of the Year • RUSSELL WILLIAMS, CFN Board Chair Announcement of Conference Choice Innovation • JOYCE RESIN, (moderator), Chair, Canadian Frailty Network Citizen Engagement Committee
4:30 – 6:00PM	NETWORKING RECEPTION
6:00 – 9:00PM	CFN Trainee (HQP) Session (Closed Session)

Friday, September 21, 2018

DAY 2				
8:00 – 4:00PM	CFN HQP/Trainee Poster Competition: Posters displayed in the foyer. Available for viewing throughout the morning breaks/lunchtime			
Conference Programming – Highlighting the Work of the Canadian Frailty Network				
7:00AM	BREAKFAST			
7:30 – 8:00	Poster Judging			
8:00 – 8:30	Opening Keynote: Innovation in models of care for older adults living with frailty. What can Canada learn from Australia? Learning objectives: Attendees will learn how successful models of care implemented in Australia, including the design and operation of hospital, community and institutional aged care, could be considered and applied in Canada. Speaker: PROFESSOR LEN GRAY , Director, Centre for Health Services Research (CHSR), Faculty of Medicine, University of Queensland, Australia			
8:30 – 10:00	Optimizing medication in caring for seniors living with frailty: Five perspectives Learning objectives: Attendees will gain insight and appreciation for the scope of polypharmacy and it's significant impact on the care/outcomes of older adults living with frailty from five perspectives: community care, long-term care, acute care, cognitive impairment, and pharmacists. Attendees will learn about new work and evidence to address polypharmacy in these contexts leading to more optimal use of medications in treating the multiple/complex conditions inherent in living with frailty. Topics/Participants: <table style="width: 100%; border: none;"> <tr> <td style="width: 33%; vertical-align: top;"> COMMUNITY CARE SHANNA TRENAMAN, Dalhousie University COGNITIVE IMPAIRMENT XIAO-WEI SONG, Fraser Health Authority </td> <td style="width: 33%; vertical-align: top;"> EVOLVING ROLE OF THE PHARMACIST COLLEEN MAXWELL, University of Waterloo ACUTE CARE EMILY REEVE, Dalhousie University and University of Sydney </td> <td style="width: 33%; vertical-align: top;"> LONG-TERM CARE SUSAN BRONSKILL, Institute for Clinical Evaluative Sciences </td> </tr> </table>	COMMUNITY CARE SHANNA TRENAMAN, Dalhousie University COGNITIVE IMPAIRMENT XIAO-WEI SONG, Fraser Health Authority	EVOLVING ROLE OF THE PHARMACIST COLLEEN MAXWELL, University of Waterloo ACUTE CARE EMILY REEVE, Dalhousie University and University of Sydney	LONG-TERM CARE SUSAN BRONSKILL, Institute for Clinical Evaluative Sciences
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10:00 – 10:20	BREAK			



Friday, September 21, 2018

DAY 2 (cont'd)	
10:20 – 11:20	Poster Judging
10:20 – 11:20	<p>A Plenary Workshop: Engaging Patients with Research</p> <p>Learning objective: Participants will understand how to meaningfully engage patients in research, with particular emphasis on Canadians living with frailty.</p> <p>Speaker: LISA PETERMANN, Alberta Strategy for Patient Oriented Research (AbSPOR) Patient Engagement Program Educator Liaison</p>
11:20 – 11:45	<p>The State of End of Life Care in Canada: A National Comparison</p> <p>Learning objective: Attendees will learn about how the determinants of place of death can be used to inform care planning between healthcare providers, patients and family members regarding the feasibility of dying in the preferred location and may help explain the incongruence between preferred and actual place of death.</p> <p>Speaker: ROBERT FOWLER, Associate Professor of Medicine and Critical Care Medicine, University of Toronto</p>
11:45 – 12:45PM	<p>LUNCH</p> <p>Announcement of HQP Poster Competition Winners</p>
12:45 – 1:15	<p>How can we improve outcomes for older adults living with frailty and diabetes? Lessons from the Mid-Frail study and how we can implement them in practice.</p> <p>Learning objective: Attendees will get an increased understanding into the use of optimised medical management with exercise and dietary programmes to maintain function and quality of life for older people, via learnings from MID-Frail a major new international research study into subjects 70 years and older with frailty and Type 2 diabetes).</p> <p>Speaker: LEOCADIO RODRIGUES MAÑAS, Head, Department of Geriatrics at Hospital Universitario de Getafe. (Madrid), Professor of Geriatrics, Universidad Europea de Madrid</p>
1:15 – 2:30	<p>Moving Research Evidence into Practice</p> <p>Learning objective: Attendees will get insight/understanding of novel frailty research being undertaken in four areas: nutrition, decision making, assessment/ personalized care-planning, and ICU transfers.</p> <p>Topic/Speakers:</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 48%;"> <p>MORE-2-EAT PHASE 2: SPREAD/SCALING UP IMPROVED NUTRITION CARE TO DETECT AND TREAT HOSPITAL MALNUTRITION</p> <p>HEATHER KELLER, Professor, Department of Kinesiology and Schlegel Research Chair in Nutrition and Aging, University of Waterloo</p> <p>A SUITE OF TOOLS TO SUPPORT DECISION-MAKING WITH FRAIL, HOSPITALIZED PATIENTS WHO ARE SERIOUSLY ILL</p> <p>JOHN YOU, Associate Professor, Departments of Medicine, and Health Research Methods, Evidence and Impact, McMaster University</p> </div> <div style="width: 48%;"> <p>USING AN AUTOMATED MORTALITY PREDICTION TOOL TO FOCUS ADVANCE CARE PLANNING EFFORTS FOR INPATIENTS</p> <p>JAMES DOWNAR, Associate Professor, Department of Medicine, University of Toronto</p> <p>IMPROVING ICU-TO-WARD TRANSFERS OF CARE: EVALUATION OF A KT TOOL KIT AND ICU TRANSFER TOOL</p> <p>TOM STELFOX, Associate Professor of Critical Care Medicine, Medicine and Community Health Sciences, University of Calgary</p> </div> </div>
2:30 – 2:45	BREAK
2:45 – 4:15	<p>CFN Research in Progress</p> <p>Leading investigators will discussion key issues/evidence and current state of these four topics:</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 48%;"> <p>IDENTIFYING HIGH-RISK PATIENTS FOR PERSONALIZED CARE PLANS</p> <p>JOHN HIRDES, Professor, School of Public Health and Health Systems, University of Waterloo and GEORGE HECKMAN, Schlegel Research Chair in Geriatric Medicine and Associate Professor in the Department of Health Studies and Gerontology, University of Waterloo</p> <p>DIFFERENTIAL IMPACT OF INTERVENTIONS IN THOSE WITH FRAILTY IN TRIALS ENROLLING OLDER PATIENTS</p> <p>DEBORAH COOK, Professor of Medicine, Clinical Epidemiology & Biostatistics, Academic Chair of Critical Care, McMaster University</p> </div> <div style="width: 48%;"> <p>IMPROVING ADVANCED CARE PLANNING FOR OLDER CANADIANS LIVING WITH FRAILTY</p> <p>JOHN YOU, Associate Professor, Departments of Medicine, and Health Research Methods, Evidence and Impact, McMaster University</p> <p>TRANSFORMING PRIMARY CARE FOR OLDER CANADIANS LIVING WITH FRAILTY</p> <p>JACOBI ELLIOTT, Project Manager for the Geriatric Health Systems Research Group in the School of Public Health and Health Systems at the University of Waterloo and ANIK GIGUÈRE, scientist at the Quebec Center for Excellence in Aging and Associate Professor at the Department of family and emergency medicine of Laval University</p> </div> </div>
4:15 – 4:25PM	<p>CLOSING REMARKS</p> <p>JOHN MUSCEDERE, Scientific Director & CEO, Canadian Frailty Network</p>