

Board of Directors Meeting – April 2, 2020

Agenda Item 4: Policy Working Group Report



Canadian
Frailty
Network

Frailty Focused Module--Professional Development

At the suggestions of the Policy Board working group CFN is working to have developed an online training module(s) for various providers involved in the care of older adults living with frailty. Funds will be needed for the distribution of a Request for Proposals to have curriculum and platform developed.

Overview of Progress to Date

We have met with accreditation department at Queen's University who can accredit our conference and any modules to allow members of the Royal College of Physicians and Surgeons and College of Family Physicians can gain Continuing Professional Development credits. In speaking with other groups (OT, PT etc), accreditation is not always required. Generally, an internal review of content is done for appropriateness for the audience and then the training is shared.

- **Outreach summary:**

- Contacted
 - 10 OT Associations
 - 9 PT Associations
 - 8 Nursing Associations
 - 3 Social Worker Associations
 - Dietitians of Canada
 - 2 PSW Associations
 - Royal College of Physicians and Surgeons
 - College of Family Doctors
 - Health Quality Alberta
 - Health Quality Saskatchewan
 - Choosing Wisely Canada
- Positive responses from
 - Saskatchewan Society of OTs
 - Manitoba Society of OTs
 - Physiotherapy Alberta - College + Association
 - NS Physio Association
 - PEI Physiotherapy Association
 - Nurses & NPs of BC
 - Association of RNs of Manitoba
 - Saskatchewan Registered Nurses Association
 - Dietitians of Canada
 - Ontario PSW Association
 - Canadian Association of Social Workers
 - Royal College of Physicians and Surgeons

- **Module Content**

- **Content to include:**

- What is frailty? Why is it important?
- Frailty assessment and its importance
- Mitigating frailty (AVOID)
- Additional modules to be tailored for specific care providers (OT, PT, Nurses etc)

We have been in direct contact with the Royal College of Physicians and Surgeons that they are interested in this kind of module and will continue to work with them to make sure module is valuable and attractive to members.

- Douglas Hedden, Executive Director Professional Practice and Membership;
Susan Brien, Practice Performance and Innovation; Michel Smith, Manager, CPD Accreditation

Permission from Daniel Mclsaac, who already has a free module to train non-geriatricians to the Clinical Frailty Scale, has been granted to use his module in whole or part at no cost. He also connected us to the person that designed the module.

<https://rise.articulate.com/share/deb4rT02lvONbq4AfcMNRUudcd6QMts3#/>

We have spoken to Darryl Rolfson regarding including training for the Edmonton Frail Scale to be included in the module as part of a wholesome look at frailty assessment. They are releasing an online training for the EFS in the next couple of weeks and he is happy to give us access to it and the EFS. There will likely be a licensing fee.

After a scan of what is already being offered in terms of online training, we have reached out to Kelly Kay at the Regional Geriatric Programs of Ontario as they have several modules available online, one is about frailty and she connected us to the person who lead the development of the module/curriculum. This curriculum has not been accredited. Through Kelly, we were also connected with someone at Behavioural Supports Ontario who are in the middle of developing an online training module concerning older adults and they have been happy to advise on the process and considerations.

In terms of gathering content experts to advise for particular groups, Perry and Amy have a connection to OT firm that are developing protocol for Shoppers Drug Mart. They may be able to help with content for OT group. We have also reached out to Heather Keller for advice on dietitian content and to see if any such training exists.

Next step:

- Develop an RFP for curriculum design services and development of a learning management system on which to offer the module.
- In addition to developing additional modules for specific allied health professions, consider developing specific modules for vulnerable populations most at risk of frailty (e.g. Indigenous, veterans) once the core course has been established.
- Seek accreditation for the curriculum from the Canadian College of Health Leaders as well (<https://www.cchl-ccls.ca/>.) This could open up at least part of what we develop to program managers and senior leaders in health care delivery organizations.