

PREVENTING THE SPREAD OF COVID-19 IN LONG-TERM CARE

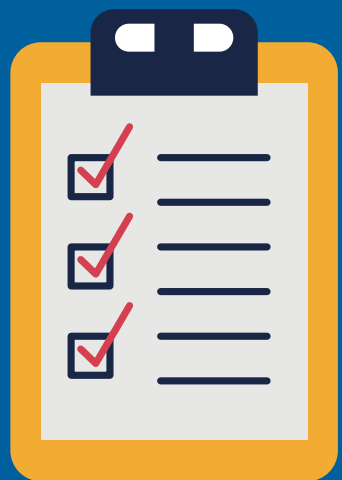
How we can protect older Canadians living in long-term care

The Canadian Frailty Networks supports the implementation of evidence-based strategies to prevent the spread of COVID-19 in long-term care. Listed below are reminders of how we can all protect some of the most vulnerable, everyday. CFN recognizes the negative impact of social isolation on older Canadians and encourages long-term care homes to include residents and family caregivers in the decision process whenever possible.



1 PREVENT ENTRY OF COVID-19

The best, first defense is screening. Screening of staff, visitors, and residents upon entry will prevent the virus from entering long-term care homes.



2 SURVEILLANCE & MONITORING

Establish processes and procedures to ensure the ongoing surveillance, monitoring and evaluation of illness or symptoms in long-term care home staff and residents.



3 INCREASE CLEANING MEASURES

Increase environmental cleaning and disinfecting of surfaces.



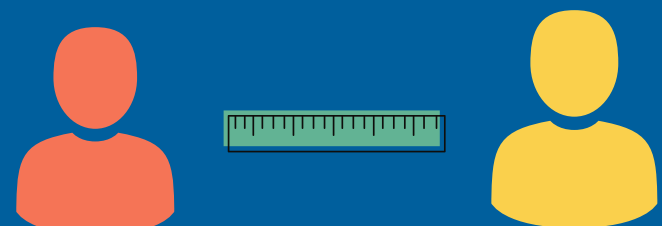
4 USE OF PERSONAL PROTECTIVE EQUIPMENT (PPE)

Mandate proper use of personal protective equipment, as well as ensure adequate supply of PPE for all staff.



5 INFECTION CONTROL & HYGIENE EDUCATION

Increase education of staff, residents and visitors on infection control, hand hygiene, and respiratory/cough etiquette.



6 PHYSICAL DISTANCING

Establish and use physical distancing measure to prevent the spread of COVID-19. If a resident is confirmed COVID-19 positive then safely isolate client immediately as per local health authority directive.

Funded by the Canadian Frailty Network and conducted through the Strategy for Patient Oriented Research Evidence Alliance by the Knowledge Translation Program of St. Michael's Hospital in Toronto a rapid review was commissioned to address the question of infection control and prevention in long-term care. [Click here](#) to view the full report.