WHAT TO KNOW ABOUT THE COVID-19 VACCINE



I am an older adult living in the community, when can I get the COVID-19 vaccine?

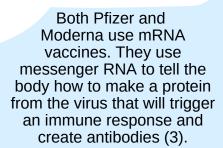
As of June 2021, the
Government of Canada (1) has
begun administering the second
dose of vaccinations for older
Canadians, with each province and
territory running their own
individualized programs. Keep an
eye out for updates on government
websites or talk to your healthcare
provider to find out when you are
eligible to receive your vaccine!

Are the COVID-19 vaccines effective for older adults?

Yes. The Pfizer- BioNTech and Moderna vaccines are approved for use by older adults (2). The research studies continue to be monitored so you can be reassured that when a COVID-19 vaccine is offered for your age group it has been well tested for safety and effectiveness.



How does an mRNA vaccine work?



It seems like we found a vaccine quickly, how can I know it is safe?

The Public Health Agency of Canada has confirmed that all approved vaccines are safe and effective, tested on many people in extensive trials, have met all safety requirements, and are monitored for any adverse reactions (4). While all vaccines have some side effects, they go through rigorous testing to ensure they are safe for public use.



Are there other vaccines I should get?



Yes! It is important to make sure your vaccinations are up to date, including an annual flu shot, shingles, pneumonia, tetanus, diphtheria, and pertussis are up to date. Visit CFNs' website for more information!

For more information visit <u>cfn-nce.ca</u>





or download the <u>NIA's report on COVID-19 vaccines here!</u>

REFERENCES